

■ FOR A NUTRITIOUS AND DELICIOUS Menu for our Children



*What can be better than to contribute to our children's future, filled with hope and dreams?
Tomorrow's adults deserve the best in order to stay in top shape and take on great challenges.*

When children learn healthy eating habits in our schools, the whole population stands to benefit. Healthy children are a guarantee of a promising future and the best investment the government and private sector can make.

As part of the food industry, Olymel is determined to contribute to this social project. Together we must all try our best to continually offer nutritional quality to our children: to show people who work in the agri-food sector as well as children that it is possible to eat in a healthy manner and enjoy food.

Acquiring healthy eating habits is possible by consuming our range of 100 pork, chicken and turkey products, developed according to the highest nutritional standards.

Working with a team of experienced nutritionists, we will help you to take on this economical and health challenge. In fact, we have developed some recipes and planned a menu that sets itself apart from the regular culinary fare, all of which are adapted to your sector and allow you to standardize or adjust according to your environment. As far as total fats, trans fats, saturated fats, protein, sodium and fibre are concerned, these menus and recipes meet the desired standards of flavour and nutrition.

Having conducted surveys across Canada, we are able to better meet the specific and economical needs concerning food production and distribution. The trend is toward outsourcing, "cook-chill" and rethermalization, hence cooked, ready-to-cook and ready-to-serve foods. Our products will increasingly address this trend.

We make it our duty to keep you abreast of these technologies that will contribute to further maximize returns for your foodservice, in order for you to keep on offering your customers the flavourful, nutritious and comforting meals.

You may find this information and more at **www.olyselfork.com**.

We hope that you will find these educational, flavourful and nutritious tools very useful.

Feeding our children's future: an objective in which Olymel is proud to partake.

Deliciously Olymel,

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